

# PE and School Sport Action Plan

## North Petherwin and Werrington Primary School 2018–2019

**Background** - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2018/19	Funding allocated - £33,390
Lead Member of Staff – J Phillpotts	2018/2019	Nicola Taylor/Bill Willis
Total fund allocated – £33,390	To be Updated – May 2019	

### Key achievements to date:

- To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place.
- To introduce a variety of programs to increase the number of children active for 30 active minutes. Eg: active maths/active classrooms and ensure a range of programs are on offer.
- To improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity.
- To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity – with a focus on dance
- To upskill pupil leaders within the school to promote health and well-being and leadership.
- To deliver outdoor learning programs to engage reluctant writers/mathematicians through learning in the outdoors.

### Areas for further improvement and baseline evidence of need:

- To continue to develop the PE curriculum to ensure it is broad and balanced, delivery is of a high quality and a curriculum map is in place.
- To investigate the implementation of Moves to ensure children have access to a variety of programmes to increase the number of children active for 30 active minutes.
- To introduce the Absolute Education programme to monitor participation levels in after school club and competition.
- To continue to deliver an outdoor learning programme to engage reluctant writers in the outdoors.
- To introduce the wild tribe explorers programme to support children with low self- confidence and low self- esteem.
- To introduce health and well- being programmes through the sugar smart minis and a health and well -being day.
- To raise the profile of PE and school sports at both schools through the purchase of new team kit and equipment.
- To ensure the children have access to a range of alternative sports through the delivery of fencing, Frisbee and tri golf.

**Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To develop and extend playground equipment to offer a broader range to all pupils at break-times and lunchtimes.	£1000 (NP) £1000 (W)	10% increase in pupils now taking part in regular playtime activities as a result of markings and the Imoves programme.  Children more confident in taking part in playground activities.  Increased range of games and equipment available has contributed to the increase in physical activity.	<b>Next Steps</b> Update other areas of the playground and investigate a trim trail for the field at North Petherwin.  Investigate playground markings and surface upgrade for the playground at Werrington.  <b>Sustainability</b> Equipment now purchased which will ensure a range of activities is available for next year.
To purchase equipment to increase activity at playtimes and lunchtimes. <b>To support playground leaders and ensure children are active.</b>  Purchase of equipment for outside PE to support the delivery of <b>the PE curriculum to ensure children have access to a high quality experience in PE.</b>	£466.49(W) to include netball posts (W) £590.50 (football goals (NP)	Equipment purchased and used to support delivery of physical activity. Equipment for Pe has been purchased. Teachers are now using equipment and this has contributed to a broad and balanced curriculum being implemented as more equipment is available for PE sessions.	<b>Next Steps</b> Continue to train playground leaders to ensure delivery can continue. <b>Sustainability</b> Maintain a log of equipment and put a replacement budget in place.

		Children have access to a wider range of activities.	<b>Next Steps</b> Ensure there is a 3-year -plan in place to continually update, maintain and improve the playground area.
Sugar Smart 30-30 – Arena Package to support in developing a plan for both playgrounds to include pupil conferencing and quotes to support the development of active playgrounds for children.  Introduce Arena sugar smart blast as a daily physical activity <b>to form part of the menu for 30 active minutes for children.</b>	£900 (Imoves)	Staff training has taken place in the delivery of Imoves for all teaching staff.  An active timetable has been put in place to ensure the Imoves programme is used on a daily basis.  The sugarsmart blast will be implemented in the next academic year.  There has been an improvement in attitudes towards physical activity. - Pupil consultation.  Behaviour at lunchtimes has improved at both schools.	<b>Next Steps</b> To cascade Imoves training to TAs to ensure further delivery of the programme during break times and lunchtimes.  <b>Sustainability</b> Teaching staff are now aware of the ways in which they can use a range of different strategies to ensure their classrooms are active.

Develop a 30 minute timetable to include all activities which are delivered by playground leaders.	Arena membership support	<p>5 % increase in the number of pupils physically active and engaged on a daily basis in the playground.</p> <p>Active Timetable successfully introduced which children have supported in developing.</p>	<p><b>Sustainability</b> Encourage the children to develop their own sugar smart blasts.</p> <p>Ensure there is a rotation of activities to continue to engage the children.</p>
To purchase a large outside speaker to enable wake and shake and the sugarsmart blast to be delivered in the playground.	<p>£132(NP) £132(W)</p>	<p>A range of activities in place to increase the number of children active for 30 mins.</p> <p>Children have reported that they feel more confident in taking part in new activities and it has improved the children's readiness to learn.</p>	<p><b>Next Steps</b> Continue to deliver an active timetable across both schools.</p>
Health and well-being day – Arena to encourage the children to be sugar smart and physical activity through the delivery of a variety of workshops	<p>£260 (NP) £260 (W) £80 consumables.</p>	<p>A range of activities in place to increase the number of children active for 30 mins.</p> <p>Teachers have been upskilled and can now lead a health and well -being workshop</p>	<p><b>Next Steps.</b> Investigate a health and well-being week for the children.</p> <p><b>Sustainability</b> Teachers can now train TA's and other staff to lead a health and well-being workshop.</p>

<p>Introduction of sugar smart minis to KS1 to North Petherwin and Werrington to upskill children in sugar smart healthy active lifestyles.</p>	<p>£260 (NP, £260 (W)</p>	<p>Children understand the principles of sugar smart and how to lead a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles.</p> <p>As a result of evaluation and feedback on the day.</p>	<p><b>Next Steps</b> Investigate gaining healthy schools accreditation.</p> <p><b>Sustainability</b> Teachers are now able to deliver workshops in health and well -being and include it as part of the KS1 curriculum.</p>
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**Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Continue to develop playground leaders with the support of the sports apprentice.	Co-ordinator time	<p>Playground leaders delivering activities on a daily basis raising the profile of physical activity.</p> <p>Children are more confident in leading activities for younger pupils.</p>	<p><b>Next Steps</b> Continue to provide sports leadership opportunities for children.</p> <p>To investigate the sugarsmart leadership programme to raise the profile of sugar smart across the school.</p>
To develop a sports council for the school to raise the profile of PE and school sport. To consider introducing a one day Arena sugar smart leader course to raise the profile of sugar smart and physical activity across the school.	In house	8 pupils members of the Student council at each school. Pupils being given the opportunity to make key decisions about PE and School Sport within the school which has raised the profile of PE and school sport.	<p><b>Next Steps</b> Continue to develop and extend opportunities for the sports council whole school.</p> <p><b>Sustainability.</b> Leaders can cascade leadership programme to pupils in year to take on leadership next year.</p>
To deliver 6 weeks of Wild tribe Curriculum and Wild Tribe Explorers	£585 NP £585 W	20 children accessed an outdoor learning programme with children and teachers reporting improved confidence and self-esteem as a result of the programme.	<p><b>Next Steps</b> To continue to access explorers and literacy programmes to raise self-confidence, self-esteem and attainment levels across the school.</p>

<p>To deliver a wild tribe maths and literacy programme in the outdoors to raise standards in maths with a focus on measurement.</p>	<p>£1300</p>	<p>8 children received the wild tribe explorer programme. A Self-esteem indicator was carried out on all pupils. 100% pupils self -esteem was raised as a result of the programme. With a sense of personal power being the highest increase in all pupils.</p> <p>75% of children improved their readiness and willingness to write as a result of the reluctant writers programme.</p>	<p><b>Sustainability</b> Teachers now have a bank strategies they can use to develop writing skills and to raise self -esteem and self confidence in the outdoors.</p>
<p>Celebration assemblies at both schools to recognise and reward achievement in PE and school sport.</p>	<p>In house resources.</p>	<p>Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.</p>	<p><b>Next Steps</b> Continue to find interesting and innovative ways of celebrating sports achievement.</p> <p><b>Sustainability</b> Notice boards and templates in place which can be utilised to promote PE and school sport beyond the life of the funding.</p>
<p>To raise the profile of PE and school sport across</p>	<p>£550 (NP)</p>	<p>Kit purchased and children</p>	<p><b>Next Steps</b></p>

both schools through the purchase of new kit	£550 (W)	<p>using it to raise the profile of PE and school sport news report.</p> <p>Children report feeling proud to represent the school as a result of the new kit.</p>	To purchase new trophies for sports day and continue to raise the profile of PE and school sport across both schools.
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**Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
CPD training for staff to include gym, dance, imoves and outdoor learning	<p>Arena membership</p> <p>£450 (NP)</p> <p>£450 (W)</p>	Inclusive PE curriculum which up skills teachers and pupils. 5 staff trained in gym, pilates, imoves and outdoor learning.	<p><b>Next Steps</b></p> <p>Build into future inset training whole school training in PE and school sport.</p> <p><b>Sustainability</b></p> <p>Staff to deliver inset training to whole school on key elements and cascade skills to all staff.</p>
Employment of a specialist coaches to upskill staff	Plymouth	Fluency, consistency and	<b>Next Steps</b>

and deliver PE and school sport.	Argyle (NP)2340 (W)2340	<p>broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum.</p> <p>Teachers report feeling more confident in teaching in Pe curriculum.</p> <p>Pupils have access to a broader PE curriculum.</p> <p>Pupils have reported enjoying PE and have a greater awareness of where they are in their learning and what they need to do to improve.</p>	<p>Continue to support the development of subject leadership whole school.</p> <p>Continue to provide existing staff with the opportunity to be upskilled in PE and school sport.</p> <p>Continue to create Opportunities created for PE knowledge to be shared whole school.</p> <p><b>Sustainability</b> Teachers confident in teaching key areas of the curriculum.</p>
To employ specialist teachers to upskill and develop dance at Werrington and North Petherwin school.	<p>Arena 36 sessions x2 with after school</p> <p>£3584.70 NP</p> <p>£3584.70 W</p>	<p>Parents are aware of the progress their children are making in PE and school sport.</p> <p>Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school.</p>	<p><b>Next Steps</b> To continue to develop a curriculum map which meets the needs of the children and includes the delivery of alternative sports.</p> <p><b>Sustainability</b> Teachers and TAs are now confident in teaching key areas of the PE curriculum and have new ideas which they can utilise.</p>
Subject leader in PE to introduce Arena SOW and	<b>£260 x1 day</b>	Curriculum map in place for	

monitor the teaching of PE and develop a curriculum map linked to festivals and curriculum mapping.		both schools to ensure a broad and balanced curriculum for both schools is in place.	
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**Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>Delivery of alternative sports day to introduce fencing, ultimate Frisbee, disc golf and lacrosse.</p> <p>A range of different clubs in place to increase attendance at after school clubs.</p>	<p>£260(NP) £260(W)</p>	<p>Successful day delivered and now frisbee sport is going to be developed as an after school club. Increase 10% of disengaged pupils now involved in sporting activities on a regular basis.</p> <p><b>Werrington</b> Autumn term 3 clubs 25% of children 19 % male 12% female</p>	<p><b>Next Steps</b> Wider range of opportunities will continue to be offered to engage disengaged pupils.</p> <p>Needs of target groups continue to be addressed and children who are not active will be consulted with and new clubs set up to meet their needs where possible.</p> <p><b>Next Steps</b></p>

		<p><b>Spring term</b> 33% of children active 27% female, 39% male 40% SEN Summer 39% of children active with the delivery of 6 clubs including martial arts, samba and cricket. There has been an increase in club attendance by 14%. 37 children at Werrington are not active. Absolute Education as been a useful tool in identifying those children who are not active.</p> <p><b>North Petherwin</b> 36% of children took part on asc in autumn term 39% of children took part in the spring term.  36% in the summer term.  27children remain in active</p>	<p>To apply for school games mark</p> <p><b>Next Steps</b> To provide further opportunities as a result of pupil consultation to target those children who are not attending after school clubs.</p>
Martial Arts taster session and club to be introduced in Werrington school.	£200 for club start up to	Increase in the number of children attending after	

	include licensing of pupils	school clubs in an alternative sport. 15 children regularly attending this club.  Increased confidence in trying new sports and developing new skills.	
Brendan Worth cricket coaching to be introduced in summer term in Werrington and North Petherwin.	10 weeks per school (NP & W) curriculum time and after school club £813 NP £813 W	Increase in the number of children attending after school clubs in an alternative sport. 22 children attended cricket club in the summer term at Werrington.	<b>Next Steps</b>  Continue to offer a range of different sports to engage the least active children.

**Key Indicator 5 : Increased participation in competitive sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To compete in the Launceston cluster competitions	£650 (NP) £650(W)	Working in partnership to increase participation and success in competition  Children at both schools took part in 6 competitions during the academic year. These included multi skills, wake and shake, and tag and a cricket festival.	<b>Next Steps</b> To take part in Mat competitions and include children who do not take part in level 2 events.  To increase the number of children taking part in competition. Targeting children who have not yet taken part using the absolute education tool.

		<p>71 places for competitive events were completed by children at North Petherwin school.</p> <p>65 places were completed by children at Werrington school.</p>	
<p>Transport to events and competitions</p> <p>Kwik cricket comp</p> <p>Investigate entry into open level 2 competitions.</p> <p>To take part in MAT comps across the partnership area.</p> <p>To deliver a traditional Sports Day for each school.</p>	<p>£1000(NP)</p> <p>£1000 (W)</p> <p>£260 NP</p> <p>£260 W</p>	<p>10% increase in the numbers of pupils participating in competitive opportunities within school.</p> <p>All children took part in sports day 100% in intra competition.</p>	<p>Year on year increase of the number of children taking part in MAT competitions.</p> <p>To increase in the number of children taking part in level 2 and 3 competitions.</p>
<p>Introduce Arena monthly challenge.</p> <p>Intra competitions to be delivered in school through alternative days and sports days.</p>		<p>10% increase in the numbers of pupils participating in competitive opportunities against other schools. – Ab ed data</p>	<p><b>Next steps</b></p> <p>To introduce the arena monthly challenge as a lunch time club with the support of Arena coaches.</p>

Swimming program to support an increase in the number of Year 5/6 who can swim 25m.	Werrington £1800 £638 pool hire( NP)  Transport – NP (£1200)	50% increase in the number of children who can swim 25 metres.	<b>Next Steps</b> Introduce the 'learn to swim' programme earlier in the school to ensure more children can swim 25 metres by Year 6.
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Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	NP 77% 75% Werrington
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	NP 77% Werrington – 75%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	NP 77% Werrington 75%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	<b>Yes</b>

Total funding – £33,390	Total funding allocated to date – £31,724.39	Total funding to be C/F 1665.61
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