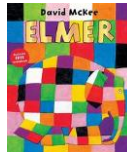
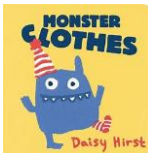
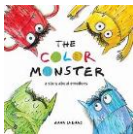


What are we learning?



Key Themes and books



Super Me!

Key Themes

Who am I? • My family and people who are special to me • Friendships and belonging • Feelings and emotions • Healthy choices • How I have changed • Seasonal changes and harvest

Key Facts

We will learn about ourselves and what makes us special. We will talk about our families and the people who are special to us, and begin to develop friendships and a sense of belonging in Nursery. We will name parts of our bodies and learn about simple choices that help us to stay healthy. We will look at photographs of ourselves as babies and begin to understand how we have changed over time. We will notice and talk about seasonal changes in our local environment, including harvest.

This will help us when we learn:

About ourselves and others, relationships and communities, how we have changed over time, making healthy choices and changes in the natural world when we are in Rainbows.

Key Vocabulary

Key Vocabulary

These are some key words we will be learning and using this half term.



♥ We will use these words in our play, stories, songs and conversations every day. ♥
You can use them at home too!

Ways to support at home

Read stories every day. Talk about what you see in the pictures, how the characters might be feeling and enjoy sharing books together.
Sing songs and nursery rhymes.
Provide opportunities for drawing and mark-making using different materials such as crayons, pencils, paint or chalk.
Listen for and talk about the different sounds you hear when you are out and about.
Look for opportunities to match and sort everyday objects, for example matching socks or sorting toys in different ways.
Count together during everyday routines and play.
Notice small amounts and talk about how many you can see.
Look for and talk about colours and simple patterns in the environment.

Nursery
Autumn Term 1
2026



We will encourage this learning by:

- *Using our key texts to explore feelings, emotions, friendships and what makes each of us special.
- *Playing games, singing songs and talking about our bodies and simple ways we can look after ourselves.
- *Talking about different clothes and developing independence in managing our own clothing and belongings.
- *Looking at photographs of ourselves and our families, including photographs of ourselves as babies, to begin to understand how we have grown and changed.
- *Exploring faces and representations of ourselves and others through drawing, transient art and a range of creative materials.
- *Using our senses to investigate and describe a range of materials and natural objects.
- *Using construction and small-world resources to represent familiar homes, places and experiences.
- *Exploring our outdoor environment and noticing seasonal changes, including harvesting and using produce grown in our school grounds.

This half term in Sunbeams we will be developing the following skills (as well as revisiting previous skills and knowledge):

The Prime areas			
Communication and Language		Physical Development	Personal, Social and Emotional Development
Nursery 1 Opportunities for singing, music and toys that make sounds Developing use of single words during play through adult interactions Nursery 2 Listening to stories and begin to recall information Developing listening skills		<i>Ongoing throughout nursery...</i> Gross Motor Skills: *Develop confidence in climbing and moving over, under and through equipment. * Develop a range of movements including crawling, walking, running and jumping, increasingly matching movement to the task. * Use large-muscle movements when painting, mark-making and using ribbons, flags and streamers. *Develop skills in kicking, throwing and catching. *Move, dance and respond physically to music. *Develop balance, coordination and control when using wheeled toys. *Develop strength and coordination through carrying, pushing, pulling and large-scale construction. Fine Motor Skills: *Develop hand and finger strength through squeezing, pinching, pulling, twisting and manipulating. *Develop control and coordination when using a range of tools and equipment, including spoons, jugs, scoops, tongs, tweezers and pipettes. *Develop control through a range of mark-making experiences using different tools, surfaces and media. * Develop scissor control, beginning with snipping and progressing towards cutting forwards. *Develop coordination and independence when using fastenings such as clips, clasps, zips and buttons and when opening and closing containers. *Develop the physical foundations for later writing through Squiggle While You Wiggle.	Nursery 1 Finding ways of managing transitions, for example from their parent to their key person Interested in their own and others physical characteristics e.g. pointing to features Nursery 2 *Talk about feelings, e.g. happy and sad. *Identify feelings in others. *Select and use resources with increasing independence. *Develop confidence in social situations and begin to feel part of the Nursery community. PSHE Coram Education-SCARF: Safety, Caring, Achievement, Resilience, Friendship Marvellous me! I am special People who are special to me
The Specific Areas			
Mathematics	Literacy	Understanding of the World	Expressive Arts and Design
Nursery 1 Noticing number Notice and react to changes in amounts of up to three objects. Begin to use some number names. Join in with finger rhymes and counting rhymes. Nursery 2 Counting skills Recognise and name familiar colours. Match objects that are the same. Sort objects in different ways, e.g. by colour, type or size. Notice and talk about how objects have been sorted. Begin to recognise and understand the quantity 1. Count out one object from a group.	Nursery 1 Enjoy songs and rhymes, tuning in and paying attention. Copy finger movements and other gestures. Pay attention and respond to pictures and words in books. Enjoy making marks freely using a range of materials. Nursery 2 Enjoy making marks independently using a range of materials. Join in with a range of nursery rhymes, jingles and songs. Listen to and enjoy stories with adults. Talk about pictures and events in familiar stories. Begin to develop play around familiar stories using props. Listen to and discriminate between different environmental and instrumental sounds.	Nursery 1 Show interest in photographs of themselves and familiar people. Notice similarities and differences between themselves and others. Explore how things work through repeated actions. Explore and respond to natural materials indoors and outdoors. Explore toys and resources with buttons, flaps and simple mechanisms. Nursery 2 Begin to make sense of their own life story, including how they have changed since they were a baby. Talk about their immediate family, people who are special to them and familiar experiences. Notice similarities and differences between people and families. Explore natural materials using their senses and talk about what they notice. Notice and talk about changes in the natural environment, including signs of seasonal change.	Nursery 1 Explore paint using fingers, brushes and a range of other tools. Explore their voices and enjoy making different sounds. Move and respond to music. Nursery 2 Explore and name colours and begin to investigate what happens when colours are mixed. Use a range of materials to make simple models and represent their own ideas. Explore different ways of making sounds, including rubbing, shaking, tapping, striking and blowing.