

# PE and School Sport Action Plan North Petherwin and Werrington Primary School 2020–2021

**Background -** The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators -** The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- 1. The engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- 2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

**Funding -** Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2020/2021	Funding allocated - £33,200 plkus 5575.30 C/F = £38775.30		
Lead Member of Staff – J Phillpotts	2020/2021 Nicola Taylor/Bill Willis			
Total fund allocated – £38775.30	To be Updated – Jan 2021			



#### Key achievements to date:

- PE curriculum is broad and balanced, delivery is of a high quality and a curriculum map is in place.
- Imoves was implemented and children enjoyed it but due to the internet connection being poor it has not continued.
- Absolute Education has enabled both schools to monitor participation levels in after school clubs and competition.
- Standards of writing have been raised through learning in the outdoors in English.
- Wild tribe explorers programme has supported children with low self- confidence and low selfesteem.
- Health and well- being programmes through the sugar smart minis and a health and well -being day has improved children's knowledge of sugar smart.
- The profile of PE and school sports at both schools has been raised through the purchase of new team kit and equipment.
- Children have had access to a range of alternative sports through the delivery of fencing, Frisbee and tri golf.

#### Areas for further improvement and baseline evidence of need:

- To continue to develop the PE curriculum to ensure it is broad and balanced, delivery is of a high quality and a curriculum map is in place.
- To continue to use the Absolute Education programme to monitor participation levels in after school club and competition.
- To continue to deliver an outdoor learning programme to engage reluctant writers in the outdoors.
- To continue to deliver the wild tribe explorers programme to support children with low self- confidence and low self- esteem.
- To introduce the wild tribe rangers programme to develop outdoor leaders.
- To continue to upskill staff and pupils in health and well-being programmes through the sugar smart minis, leaders and a health and well-being day.
- To raise the profile of PE and school sports at both schools through the purchase of new team kit and equipment.
- To ensure the children have access to a range of alternative sports through the delivery of fencing, Frisbee through the delivery of an Olympic day.
- To ensure all children in both schools have access to wild tribe outdoor learning for half a term each.
- To support the delivery of swimming through the employment of a sports coach
- To investigate the marking of the playground with new markings to increase physical activity.



Key Indicator 1 : The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To develop and extend playground equipment to offer a broader range to all pupils at break-times and lunchtimes. (HEARTLINE)  Purchase of Indoor football goals samba for Werrington to support playground games and PE.	Play equipment £250 (W) NP - £250	Intended impact is that new markings in both schools will improve the physical activity levels in children and they will feel more confident in taking part in playground activities.  Increased range of games and equipment available has contributed to the increase in physical activity.	Next Steps Update other areas of the playground and investigate a trim trail for the field at North Petherwin.  Investigate playground markings and surface upgrade for the playground at Werrington.  Sustainability Equipment now purchased which will ensure a range of activities is available for next year.
To purchase equipment to increase activity at playtimes and lunchtimes. To support playground leaders and ensure children are active.  Purchase of equipment for outside PE to support the delivery of the PE curriculum to ensure children have access to a high quality experience in PE.	PE equipment NP - £250	Intended impact - Equipment purchased and used to support delivery of physical activity. Teachers will be using equipment and this will contribute to a broad and balanced curriculum being implemented as more	Next Steps Continue to train playground leaders to ensure delivery can continue. Sustainability Maintain a log of equipment and put a replacement budget in place.



		equipment is available for PE sessions.  Children have access to a wider range of activities.	Next Steps Ensure there is a 3-year -plan in place to continually update, maintain and improve the playground area.
Introduce Arena sugar smart blast as a daily physical activity to form part of the menu for 30 active minutes for children.  Absolute Education	NP - £270 W - £270	An active timetable has been put in place to ensure children are active on a daily basis in schools.  There has been an improvement in attitudes towards physical activity Pupil consultation.  Behaviour at lunchtimes has improved at both schools.	Next Steps To cascade playground leader training to TAs to ensure further delivery of the programme during break times and lunchtimes.  Sustainability Teaching staff are now aware of the ways in which they can use a range of different strategies to ensure their classrooms are active.
Develop a 30 minute timetable to include all activities which are delivered by playground leaders.	Arena membership support	10 % increase in the number of pupils physically active and engaged on a daily basis in the playground.	Sustainability Encourage the children to develop their own sugar smart blasts.  Ensure there is a rotation of activities to continue to engage the children.



Health and well-being day – Arena to encourage the children to be sugar smart and physical active through the delivery of a variety of workshops	£337.50 (W) £337.50 (NP)	A range of activities in place to increase the number of children active for 30 mins.  Teachers have been upskilled and can now lead a health and well -being workshop	Next Steps. Investigate a health and well-being week for the children.  Sustainability Teachers can now train TA's and other staff to lead a health and well -being workshop.
Introduction Healthy hearts and healthy minds k\$1 In spring 1.  To introduce the healthy movers programme for K\$2 in spring 2	£260(W) £260(NP) £292.50(W) £292.50 (NP)	30 children trained as sugar smart leaders across 2 schools.  Children understand the principles of sugar smart and how to lead a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles.  As a result of evaluation and feedback on the day.	Next Steps Investigate gaining healthy schools accreditation.  Sustainability Teachers are now able to deliver workshops in health and well -being and include it as part of the KS1 curriculum.



Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To develop a sports council for the school to raise the profile of PE and school sport. To consider introducing a one day Arena sugar smart leader course to raise the profile of sugar smart and physical activity across the school.	In house	8 pupils members of the Student council at each school. Pupils being given the opportunity to make key decisions about PE and School Sport within the school which has raised the profile of PE and school sport.	Next Steps Continue to develop and extend opportunities for the sports council whole school.  Sustainability. Leaders can cascade leadership programme to pupils in year to take on leadership next year.
Wild tribe EYFS – 36 weeks North Petherwin 12 weeks EYFS Werrington 12 weeks class 2 and 3 North Petherwin 12 weeks class 2 and 3 werrington  2 x wild tribe first aid days one per school	£4725 £1575 £1575 £1575	20 children accessed an outdoor learning programme with children and teachers reporting improved confidence and self -esteem as a result of the programme.	Next Steps To continue to access explorers and literacy programmes to raise self-confidence, self-esteem and attainment levels across the school.
National curriculum book KS1 – Year 6 x 2 sets one per school	£292.50 £210	8 children received the wild tribe explorer programme. A Self-esteem indicator was carried out on all pupils. 100% pupils self -esteem was raised as a result of the programme. With a sense of personal power being the highest increase in all pupils.	Sustainability Teachers now have a bank strategies they can use to develop writing skills and to raise self -esteem and self confidence in the outdoors.



		75% of children improved their readiness and willingness to write as a result of the reluctant writers programme.	
Celebration assemblies at both schools to recognise and reward achievement in PE and school sport.	In house resources.	Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.	Next Steps Continue to find interesting and innovative ways of celebrating sports achievement.  Sustainability Notice boards and templates in place which can be utilised to promote PE and school sport beyond the life of the funding.



## Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

	Funding		
Intended Actions with impact on children	allocated	Evidence and impact	Sustainability and next steps
CPD training for staff to include gym, dance, imoves and outdoor learning	Arena membership £450 (NP) £450 (W)	Inclusive PE curriculum which up skills teachers and pupils. 5 staff trained in gym, pilates, imoves and outdoor learning.	Next Steps Build into future inset training whole school training in PE and school sport.  Sustainability Staff to deliver inset training to whole school on key elements and cascade skills to all staff.
Employment of a specialist coaches to upskill staff and deliver PE and school sport.  KS 1 CLUB North Petherwin	Plymouth Argyle (NP)1800 (W)2700	Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum. Teachers report feeling more confident in teaching in PE curriculum. Pupils have access to a broader PE curriculum. Pupils have reported enjoying PE and have a	Next Steps Continue to support the development of subject leadership whole school. Continue to provide existing staff with the opportunity to be upskilled in PE and school sport. Continue to create Opportunities created for PE knowledge to be shared whole school.



		greater awareness of where they are in their leaning and what they need to do to improve.	Sustainability Teachers confident in teaching key areas of the curriculum.
To employ specialist teachers to upskill and develop dance at Werrington and North Petherwin school.	Arena 36 sessions x2 with after school £3231.00 -NP £4344.50 - W	Parents are aware of the progress their children are making in PE and school sport.  Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school.	Next Steps To continue to develop a curriculum map which meets the needs of the children and includes the delivery of alternative sports.  Sustainability Teachers and TAs are now confident in teaching key areas of the PE curriculum and have new ideas which they can utilise.
Subject leader in PE to introduce Arena SOW and monitor the teaching of PE and develop a curriculum map linked to festivals and curriculum mapping.	£0	Curriculum map in place for both schools to ensure a broad and balanced curriculum for both schools is in place.	Next Steps  To implement the provision map and update the PE policy, to reflect the RSE requirements of health education



	Key Indicator 4: Broo	ader experience of a range	of sports and	activities offered to all pupils
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Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps	
Delivery of alternative/.Olympic sports day to introduce fencing, ultimate Frisbee, disc golf and lacrosse.	£405(NP) £405(W)	Intended impact Successful day delivered and now with a new sport to be developed as an after school club. Increase 10% of	Next Steps Wider range of opportunities will continue to be offered to engage disengaged pupils.	
		disengaged pupils now involved in sporting activities on a regular basis.  Werrington	Needs of target groups continue to be addressed and children who are not active will be consulted with and new clubs set up to meet their	
A range of different clubs in place to increase attendance at after school clubs.		Autumn term 3 clubs 25% of children 19 % male 12% female	needs where possible.	
		Spring term  33% of children active 27% female, 39% male 40% SEN Summer 39% of children active with the delivery of 6 clubs including martial arts, samba and cricket. There has been an increase in club attendance by 14%. 37 children at Werrington are not active. Absolute Education as been a useful tool in	Next Steps To apply for school games mark	



		identifying those children who are not active.  North Petherwin  36% of children took part on asc in autumn term  39% of children took part in the spring term.	Next Steps To provide further opportunities as a result of pupil consultation to target those children who are not attending after school clubs.
		Children in both schools have taken part in wild tribe activities however due to Covid 19 not all year groups were able to access the programme	Ensure all children access wild tribe next academic year and a sow is purchased to support the sustainability of the programme.
Climbing and archery Werrington Y3/4 children attend a day at the barn to introduce them to a new activity.		Increase in the number of children attending after school clubs in an alternative sport.  15 children regularly attending this club.  Increased confidence in trying new sports and developing new skills.	Next Steps Investigate alternative sports and experiences that could be introduced next year for children in both schools.
Brendan Worth cricket coaching to be introduced in summer term in Werrington and North Petherwin.	10 weeks per school (NP & W) curriculum	Key worker children and specific year groups had	Next Steps



· ·	time and after school club £813 NP £813 W	some access to this programme.	Continue to offer a range of different sports to engage the least active children.
			Sustainability – new staff to be trained to deliver a range of sports.

### Key Indicator 5: Increased participation in competitive sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To compete in the MAT competitions	MAT package	Working in partnership to increase participation and success in competition	Next Steps To take part in Mat competitions and include children who do not
Hash and beach event competitions	£540	Children at both schools took part in xxx competitions during the year xxx.  Many competitions were cancelled as a result of Covid 19.	take part in level 2 events.  To increase the number of children taking part in competition.  Targeting children who have not yet taken part using the absolute education tool.
Transport to events and competitions Kwik cricket comp	£100 (NP) £100 (W)	10% increase in the numbers of pupils participating in competitive opportunities within school.	Year on year increase of the number of children taking part in MAT competitions.



Investigate entry into open level 2 competitions.  To take part in MAT comps across the partnership area.  To deliver a traditional Sports Day for each school.  2 new trophies sports day	£0 NP £0 W	All children took part in sports day 100% in intra competition.	To increase in the number of children taking part in level 2 and 3 competitions.
Swimming program to support an increase in the number of Year 5/6 who can swim 25m.  Swimming coaching support x 4 weeks coaching	XXX Ś	50% increase in the number of children who can swim 25 metres.	Next Steps Introduce the 'learn to swim' programme earlier in the school to ensure more children can swim 25 metres by Year 6.

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	



What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Yes

Total funding £38,775.30

Total funding allocated to date – £32599.8

Total funding to be ALLOCATED £6175.5