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| PSHE |  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Class 1**  **(Year 1)** | **Year A**  **Year 1** | Welcome to School | People who care for us | Healthy Friendships | Our Health | We all have feelings | Managing our time safely online. Jessie and Friends 1 Watching Videos |
| Emergencies and getting help | Rights Responsibilities and respect | Our bodies and boundaries – NSPCC PANTS | Healthy Food Choices | Good and not so good feelings |  |
| **Class 2**  **(Year 2,3,4)** | **Year A**  **Year 2** | Respecting Uniqueness | Everyday Safety | Horrible hands | Sharing Photos online: Jessie and Friends  Sharing Pictures 2 | Jessie and Friends: Playing games 2 | Keeping Our Teeth Clean  **Recap: Sun Safety**  **[Year 3]** |
| Our Communities | Basic First Aid  **Everyday Drugs –Recap**  **[Year3]** | Physical Activity | Online Interactions and information sharing: Jessie and Friends  Playing Games 1 | **Recap:** Our Bodies and Boundaries: NSPCC PANTS  **[Year 1]** | Big Feelings |
| **Year B**  **Year 3** | World of Work | Road Safety | Physical Activity | The Internet and everyday life: Turn Off, Lets’s Play | Sun Safety | Expressing Feelings |
| Spending and Saving Money | Teamwork Skills | Everyday Drugs | Everyday Feelings | **Recap:** Our Bodies and Boundaries: NSPCC PANTS  **[Year 1]** | Strategies to support wellbeing |
| **Year C**  **Year 4** | What Makes a Good Friend? | Resolving Conflict and managing Pressure | Money Choices | Safely enjoying the online world  Play, Like, Share 1 - Alfie | **Recap: Sun Safety**  **[Year 3]** | The Environment |
| Respecting Others | Everyday Safety and Basic First Aid | Volunteering and Citizen ship | Keeping Personal Information Private  Play Like Share 2 - Magnus | Play, Like, Share 3 - Fans | Managing Feelings |
| **Class 3**  **(Year 5,6)** | **Year A**  **Year 5** | A Diverse Community | Illness | Puberty 1 – bodies and reproduction | Online Content | Social Media | Risk and Peer Pressure |
| Respectful Relationships | Nutrition and Healthy Eating | Puberty 2 – Body Changes | Online Contact | Managing Challenge and Change | Changing Schools  **[Year 6]** |
| **Year B**  **Year 6** | Different types of Families | Keeping your body safe | Spending decisions | Online Friendships and keeping safe:  Share Aware 1 -Alex | Social Media | Changing Schools |
| Healthy/harmful relationships | Consent – Keeping your body safe | Exploring risk in relation to gambling | Skills for using the Internet safely.  Share Aware 2 - Lucy | Puberty 1 + 2 Recap  **[Year 5]** | Feelings and common anxieties when changing schools |
| **Year C** |  |  |  |  |  |  |

Relationships, Health, Wider World