

Werrington Newsletter

W/C 26th May 2023





Dear families,

Werrington staff would firstly like to thank all the children for their hard work as we (rather quickly) approach the summer holidays. The weather has been

beautiful and with that, the children have been resilient

despite the heat. Thank you for bringing sunhats, water and sun cream for your child.

Sports Day was wonderful. We were fortunate with the weather, sportsmanship and positive behaviour. Thank you to the families who came to support and by joining in with the racing. We now know where the children get their determination and competitive spirit!





In other news, we have had a rather busy week recently with the arrival of OFSTED on Thursday. Although we are not at liberty to discuss any rating until the official report is released, the day was a positive one and we want to thank parents for their positive comments on the feedback form as it reinforced what we talked about to the inspectors.



During lunchtime and breaktime the children have been playing nicely together with the new play equipment and even made their very own football match. They decided on teams and even wore bibs so they knew who's in which team.



This activity has shown great teamwork and sportsmanship!

There are lots of activities coming up as we near closer to July so please keep an eye on Dojo and in the newsletter 'dates for your diary'. Have a lovely week ahead.

Important Notice to Parents of Children in Breakfast Club:

From Monday would you please drop your child/children at the main office where they will be met by a member of staff as the hall door and the door will be closed.



#### What's on in Launceston:

#### 20 Years of Charles Causley (evening ticket)

Join us on the 30th June for an evening dedicated to Charles Causley's legacy, hearing about his life, work and how he continues to inspire artists and writers today. This £10 ticket includes a free drink at our complimentary drinks reception and a space at the following events:

- Mayor welcome

- Introduction to the festival weekend from Nicola Nuttall, the Director of the Causley Trust

- A Year of Mother's Boy: Patrick Gale in Conversation with David Devanny
- Musical performance from composer Arlo Anwin
- Commission unveiling from fine artist Jill Swarbrick-Banks
- Screening of a short film with poet and former poet Laureate Andrew Motion

- Charles Causley: 20 Years on: panel chaired by Patrick Gale, featuring Caroline Walter from the University of Exeter Special Collections, and writers David Devanny, Rachel Piercey and Anthony Vahni Capildeo.

Friday 30 June 6pm onwards The Guildhall, Launceston Town Hall Ticket: £10

Any donations that you can make to the Causley Trust would be greatly appreciated. Thank you for your support.





# Free information, support and guidance for Parents and Carers

## **Parenting Support Courses**

We offer interactive parenting programmes both online and face to face. Service requests can be made through the Early Help Hub.

www.cornwall.gov.uk/earlyhelphub The programmes available are:

- Being Passionate About Parenting Early Years 1 3 years (3 x 2 hours)
- Being Passionate About Parenting 4 11 years (3 x 2 hours)
- Being Passionate About Parenting with basic introduction and an awareness to ADHD <u>- 5</u> – 11 years (3 x 2 hours)
- Being Passionate About Parenting with a basic introduction and awareness about the "Spectrum" 5 – 11 years (3 x 2 hours)
- Being Passionate About Parenting The Teenage Brain 12 -17 years (3 x 2 hours)
- Take 3 Supporting Teenagers 12 17 years (5 x 2 hours virtual or 10 x 2 hours face to face)

Following completion of Take 3 you can book the following:

- Introduction to Teenagers with Sensory Challenges
- Introduction to Teenagers with Traits of ADHD
- Introduction to Teenagers with Autistic Traits

## Just for Dads

You can also find information tailored just for you on the Family Information Service – www.supportincornwall.org.uk/fordad

#### Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116



Kooth offer free, safe and anonymous mental health support for 11–19yrs. The NHS is providing free counselling, peer to peer support and self-help tools for young people through www.kooth.com.

Qwell, offers the same support for ALL parents and carers of all ages as well as 19-25yrs. This service offers free counselling and support for adults through <u>www.qwell.io</u>.

Why not attend the bitesize session in June to learn more.

## **Positive Parenting Bitesize**

If you would like to talk in confidence and meet other parents experiencing similar challenges, come along. All sessions run from 12:30pm to 2:30pm

#### Thursday 25 May – Special Educational Needs and Disabilities Information Advice and Support Services

(SENDIASS) Exclusions and suspensions and how they can support you. We have tools and services to empower children and young people with a special educational need or disability and support parents / carers of children with special educational needs or disability.

Monday 19 June – Kooth and Qwell For more information on this service see above

Tuesday 11 July – ADHD and Beyond by Linda Andrews Tuesday 15 August – National Literacy Trust

To get your Microsoft Teams link for the session contact: julie.attwell@cornwall.gov.uk

Want to support and understand your child's emotions as well as our own? Why not attend FREE SPACE Supporting Parents and Children Emotionally) sessions. For more information and/or to register your interest please email <u>SPACE@cornwall.gov.uk</u>

### **Reducing Parental Conflict**

Reducing conflict between parents is one of the most effective ways to improve the lives of their children – including mental health and emotional stability, behaviour, helping them to do better in school, and improving the quality of their life long-term.

