

	Autumn	Spring	Summer	Autumn	Spring	Summer	Autumn	Spring	Summer
<b>PHSE</b> <b>Year: 1,2,3</b>  Relationships Health Wider World	Respecting Uniqueness  Our communities  Everyday Safety  Basic First Aid  Everyday Drugs – Recap (Year 3)	Horrible hands Physical Activity  Sharing Photos online: Jessie and Friends Sharing Pictures 2  Online Interactions and information sharing: Jessie and Friends Playing Games 1	Jessie and Friends: Playing games 2  Our bodies and boundaries – NSPCC PANTS – Recap Year 1  Keeping Our Teeth Clean Sun Safety – recap (Year 3) Big Feelings	World of Work  Spending and Saving Money  Road Safety  Teamwork Skills	Physical Activity Everyday Drugs  The Internet and everyday life: Turn Off, Let's Play  Everyday Feelings	Sun safety  Our bodies and boundaries – NSPCC PANTS – Recap (Year 1)  Expressing Feelings  Strategies to Support Wellbeing	Welcome to School  Emergencies and getting help  People who care for us  Rights Responsibilities and respect	Healthy Friendships  Our bodies and boundaries – NSPCC PANTS  Our Health  Healthy Food Choices	We all have feelings Good and not so good feelings  Managing our time safely online. Jessie and Friends 1 Watching Videos

<b>PHSE</b> <b>Year: 4,5,6</b>  Relationships Health Wider World	A Diverse Community  Respectful Relationships  Illness  Nutrition and Healthy Eating	Puberty 1 and 2 – bodies and reproduction  Online Content	Social Media  Managing Challenge and Change  Risk and Peer Pressure  Changing Schools (Year 6)	Different types of Families  Healthy/harmful relationships  Keeping your body safe  Consent – Keeping your body safe	Spending decisions  Exploring risk in relation to gambling  Online Friendships and keeping safe: Share Aware 1 - Alex Skills for using the Internet safely. Share Aware 2 - Lucy	Social Media  Puberty 1 + 2 Recap (Year 5)  Changing Schools  Feelings and common anxieties when changing schools	What Makes a Good Friend?  Respecting Others  Resolving Conflict and managing Pressure  Everyday Safety and Basic First Aid	Money Choices  Volunteering and Citizen ship  Safely enjoying the online world. Play, Like, Share 1 – Alfie. Keeping Personal Information Private Play Like Share 2 – Magnus	Play, Like Share - Fans  The Environment  Managing Feelings Puberty 1 + 2 Recap (Year 5)  Changing Schools (Year 6)
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